

If you have ever asked yourself how you are doing with your NCP/NCPT implementation or what it would look like to have NCP/NCPT fully implemented, this scorecard is for you!

It is important to continuously assess your practice to see where you are on the NCP/NCPT implementation journey. Each of the four quadrants - practicing dietitian; systems; quality improvement to research; and continuity and evolution of practice - describe the main aspects of our practice as a dietitian. The scorecard is designed to mimic the Nutrition Care Process Model - assess the elements of your NCP/NCPT practice; diagnose the gaps in your practice; and utilize the resources and tools to intervene and improve your practice and overall score.

Scorecard Instructions

1. Complete each section below.
2. Count the number of items that you have checked for each section.
3. Enter that number into the corresponding boxes.
4. Enter total for your reference.

_____/29	_____/8
_____/15	_____/3

_____ /55

TOTAL SCORE

NOTE: The following scorecard has been developed as an ongoing self-assessment tool. The scores are for your reference and should be used as a guide for baseline assessment and areas for continuous improvement. The goal is to show progress over time to improve on your scores and advance your use of the NCP.

PRACTICING DIETITIAN	
ASSESSMENT/MONITORING & EVALUATIONS	<p>In your practice, which of the following have you integrated into your work? <i>(Check all that apply)</i></p> <p><i>I use standardized language:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> In charting to improve external communications and continuity of care <input type="checkbox"/> To support client-centered value-based care <p>To document...</p> <ul style="list-style-type: none"> <input type="checkbox"/> Assessment <input type="checkbox"/> Nutrition Diagnosis <input type="checkbox"/> Interventions <input type="checkbox"/> Monitoring and Evaluation <p><i>In your practice, which of the following statements apply? (Check all that apply)</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> I document in an electronic health care system in a structured format (e.g. drop down lists, check boxes) <input type="checkbox"/> I measure outcomes and can confirm when I have resolved a nutrition problem/diagnosis <input type="checkbox"/> My expertise is evident through problem identification and resolution <input type="checkbox"/> My use of standardized language strengthens my position as the nutrition expert on the team <input type="checkbox"/> I encourage my colleagues to use standardized language in their charting to promote continuity of care <p><i>Which criteria do you use to evaluate your PES statements? (Check all that apply)</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Is this a nutrition problem that the dietitian can help resolve? <input type="checkbox"/> Is the etiology a nutrition related cause? <input type="checkbox"/> Intervention addresses etiology <input type="checkbox"/> Intervention reduces signs and symptoms <input type="checkbox"/> Signs and symptoms are specific enough to measure <input type="checkbox"/> Monitoring/evaluation includes scales and is measurable <input type="checkbox"/> Nutrition assessment data supports the nutrition diagnosis, etiology, signs and symptoms. <p><i>Which of the following elements do you include in your practice? (Select all that apply)</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Structured approach to assessment <input type="checkbox"/> Problem identification <input type="checkbox"/> Problem-solving <input type="checkbox"/> Nutrition diagnosis etiology matrix <input type="checkbox"/> interventions address etiology of nutrition diagnosis <input type="checkbox"/> Nutrition prescription <input type="checkbox"/> Nutrition goals <input type="checkbox"/> Comparative standards <input type="checkbox"/> Monitoring/evaluation items are measurable <input type="checkbox"/> Reassessment of diagnosis <input type="checkbox"/> Nutrition diagnosis progress terms
	<div style="background-color: #2e7d32; color: white; border-radius: 20px; padding: 10px 20px; display: inline-block;"> _____/29 BOXES CHECKED </div>

SYSTEMS

At your work, which of the following are integrated into your systems: (Select all that apply)

Education/training

- All students have NCP/T as part of their curriculum
- Education and practice competency standards reflect current NCP/NCPT
- New staff are trained/oriented to NCP documentation standards

Staffing/Human Resources

- Job descriptions are structured based on NCP skills/model
- Recruitment process include scaling questions assessing NCP skills

Client/Documentation

- Electronic health records include all elements of the NCP model

Evaluation/Outcomes Research

- All elements of the NCP model exist
- Screening/referral system
- Outcomes are measured based on structured data
- ANDHII or comparable database implemented; international capability (eliminate duplication)

Change management

- Key decision makers are engaged with NCP
- Applicable procedures are structured following NCP model

Other

- Does your place of work support a client centred approach?
- Do you have digital capability measures?
- Does your interdisciplinary client communication quickly elevate your message?

_____/15

BOXES CHECKED

FROM QUALITY IMPROVEMENT TO RESEARCH

At your place of work which of the following has your department completed? (Select all that apply)

- Regular NCP Audits
- NCP Quest (Quality Evaluation and Standardization Tool) implementation
- Data is consistently collected in to evaluate practice and outcomes
- Establishment of NCP Benchmarks
- Quality improvement and/or research studies include NCP
- Publications include NCP and NCPT
- Publications - terminology is used appropriately
- Contribute to NCP body of research

_____/8

BOXES CHECKED

CONTINUITY AND EVOLUTION OF PRACTICE

My practice is updated based on outcome measurements using NCP: (Select all that apply)

- I incorporate new and revised terminology into my practice.
- I contribute to the evolution of NCPT which can be incorporated into international standards.
- I can demonstrate the importance of nutrition care in a value-based system.

_____/3

BOXES CHECKED

ASSESSMENT/MONITORING & EVALUATIONS

Intervention = Action Plan to advance NCP practice.

What are your next steps to advance your NCP practice?
